



Take Out & Delivery

Small Plates

GARLIC KNOTS Homemade, garlic, parm and olive oil	6 for 5.95	MEATBALL SIDE Lorna's special recipe: huge and delicious, smothered in marinara sauce and parmesan cheese	6.95
LORNA'S HOMEMADE SOUP OF THE DAY Bowl (bowl comes with garlic knots)	6.95	FRIED CALAMARI Served with a spicy marinara dipping sauce	11.95
MATEO'S EGGPLANT Grilled eggplant, roasted peppers and gorgonzola cheese, roasted in the oven	8.95	BRUSCHETIA Tossed Ciabatta served with chopped tomato basil, onion and garlic, mozzarella, and drizzled with olive oil	8.95
ROASTED SAUSAGE AND PEPPERS Two mild Italian sausages with roasted red and green peppers.	8.95	FRIED CHEESE TORTELLONI With spicy marinara	8.95

Salads

Add chicken to any salad \$3.00
Add salmon to any salad \$8.00

ITALIAN SALAD Lettuce, tomatoes, mozzarella, olives and house vinaigrette Chopped: Small 6.95 Large 9.95	Small 5.95 Large 7.95	CAESAR SALAD Romaine lettuce, fresh baked croutons, Lorna's creamy, spicy Caesar dressing.	Small 6.95 Large 9.95
MISTO SALAD Mixed greens, pine nuts, sun dried cranberries, feta cheese, and balsamic vinaigrette	Small 6.95 Large 9.95	ANTIPASTO SALAD Pepperoni, salami, capicollo, tomatoes, olives, mortadella, pepperoncinis, garbanzos, mushrooms, provolone, lettuce and house vinaigrette. Chopped: Small 9.95 Large 13.95	11.95
SPINACH SALAD Spinach leaf, caramelized walnuts, gorgonzola, and green apples with a balsamic vinaigrette	11.95	BUFALA MOZZARELLA AND ROMA TOMATO A gourmet salad in extra virgin olive oil and fresh basil served on a bed of field greens.	10.95

Sides

BROCCOLI LIMONE Fresh broccoli, olive oil, garlic, fresh pepper and lemon. Served hot.	6.95	ITALIAN SAUSAGES 3.00 for 1, 6.00 for 2	
SAUTEED MUSHROOMS Freshly sauteed mushrooms in garlic and virgin olive oil.	6.95	FRESH SAUTEED SPINACH In virgin olive oil, butter and garlic.	6.00
SAUTEED ARTICHOKE Sauteed artichoke hearts in garlic and olive oil	9.95	SIDE OF PASTA Your choice of Marinara or Meat sauce.	6.95



Pasta Specialties

PASTA WITH MEAT SAUCE
Choice of pasta, served with our
homemade meat sauce with mushrooms.

11.95

FUSILLI ROMA
Mushrooms, spinach and pancetta
in our fresh tomato sauce, served
over fusilli pasta.

13.95

FETTUCCINI ALFREDO
Fettuccini in seasoned cream sauce with
Parmesan cheese and black pepper.

13.95

MEAT LASAGNA
Layers of pasta, meatballs, Italian sausage,
ricotta and mozzarella, baked in our
mushroom meat sauce.

13.95

BROCCOLI PESTO
Fusilli pasta baked with broccoli, creamy
pesto sauce and mozzarella.
(Pesto sauce contains anchovies and walnuts)

13.95

LINGUINI CARBONARA
Pancetta, ham, peas and mushrooms
in a parmesan cream sauce.

13.95

TAGLIATELLE BOLOGNESE
Fettuccini in cream sauce with sausage,
ground beef, plum tomatoes, fresh garlic
and oregano (spicy).

15.95

PASTA MARINARA
Choice of pasta, served with our
homemade marinara.

10.95

LASAGNA FLORENTINE
Ricotta cheese and spinach wrapped
in a lasagna pasta and baked in
marinara sauce.

13.95

CAPELLINI POMODORO
Angel hair pasta in a fresh zesty
tomato/basil sauce.

12.95

**SUN DRIED TOMATO
FETTUCCINI PASTA**
Fresh mushrooms, sundried tomatoes
and broccoli in a garlic cream sauce,
tossed with fettuccini.

13.95

SICILIAN PASTA
Capellini pasta in our marinara with
roasted eggplant, tomato and garlic
and tossed with feta cheese.

13.95

JOY'S TORTELLONI
Made fresh here. Pasta stuffed with fresh
herbs, ricotta and cream cheese. Enjoy
with your choice of sauces: Marinara, Meat
Sauce, Garlic Cream, Tomato Cream Sauce

13.95

ROSEMARY CHICKEN PASTA
Chicken in a Rosemary garlic cream sauce
tossed with sun-dried tomatoes and grilled
onions and fettuccini pasta.

15.95

GORGONZOLA AND CHICKEN
Chicken, zucchini and fresh tomatoes,
tossed with linguini in a gorgonzola
cream sauce.

15.95

GNOCCHI
The Italian potato dumpling. Enjoy with your
choice of sauces. Garlic cream sauce, Al
Pesto sauce or Gorgonzola Tomato sauce.

13.95

BAKED MOSTACCIOLI
Mostaccioli pasta, eggplant, ricotta cheese,
baked in our marinara sauce and topped
with mozzarella.

13.95

EGGPLANT PARMIGIANA
Lightly breaded and seasoned fresh
eggplant. Baked in our homemade
marinara sauce. Served with a side
of pasta.

13.95

LINGUINI AGLIO E OLIO
Mushroom and black olives sauteed
with garlic and olive oil. Tossed with
linguini pasta.

13.95

STUFFED EGGPLANT
Prepared parmigiana style and stuffed
with ricotta cheese. Baked in our
homemade marinara sauce. Served
with a side of pasta.

14.95

LINGUINI PRIMAVERA
Fresh vegetables sauteed in olive oil, garlic
shallots and herbs, then tossed with pasta.

13.95

Add a small Italian salad \$3.95
Add breast of chicken to any pasta \$4.00
Add \$2.00 to make any item gluten free

Lorna's Italian Kitchen

3945 Governor Drive, San Diego, CA 92122-2520 PHONE 858-452-0661 FAX 858-452-0302 Take out/Delivery Menu
Hours: Tues. through Thurs., 11:30am to 8:30pm, Friday 11:30am to 9pm, Sat. and Sun., 4pm to 8:30pm. 08/20/2019



Seafood Specialties

SALMON FRA DI AVOLO

17.95

Lorna's spicy marinara with fresh salmon, spinach, mushrooms tossed with linguini pasta.

LINGUINI PESCATORE

19.95

Shrimp, calamari, clams, salmon and mussels sauteed in garlic and our spicy marinara tossed with linguini pasta.

SHRIMP PRIMAVERA

19.95

Shrimp sauteed with fresh vegetables in a garlic cream sauce tossed with fettuccini.

SALMON SAUTE

17.95

Fresh salmon sauteed with zucchini, mushrooms, grilled red onions and fresh tomato in a lemon butter sauce, tossed with linguini.

LINGUINI WITH CLAMS

14.95

Red or white clam sauce.

SHRIMP POMODORO

19.95

Shrimp sauteed in garlic, served with a zesty sauce over capellini pasta.

Add a small Italian salad 3.95
Add 2.00 to make any item Gluten Free

Chicken and Veal

CHICKEN MARSALA

17.95

Boneless chicken breast and fresh mushrooms in a marsala wine sauce.

CHICKEN FLORENTINE

17.95

Boneless chicken breast in a tomato wine sauce with fresh spinach and provolone.

VEAL MARSALA

23.95

Veal scallopini sauteed with fresh mushrooms in a marsala wine sauce.

CHICKEN PARMIGIANA

17.95

Breaded boneless chicken breast sauteed and baked in marinara sauce and mozzarella.

CHICKEN PICCATA

17.95

Boneless chicken breast sauteed in a lemon butter sauce with shallots and capers.

VEAL PARMIGIANA

23.95

Breaded veal lightly sauteed and baked in a marinara sauce and mozzarella.

VEAL FLORENTINE

23.95

Veal scallopini served in a tomato wine sauce with spinach and provolone.

VEAL PICCATA

23.95

Veal scallopini sauteed in butter, lemon, white wine and capers.

Served with pasta marinara.
Add a small Italian salad 3.95



Pizza

Lorna's pizza is the traditional Neapolitan style, medium-thin-crust. We use California mozzarella cheese. Our pizza sauce is made daily from Italian pear tomatoes, olive oil, fresh garlic, fresh basil, fresh parsley and oregano.

	12"	16"		12"	16"
CHEESE PIZZA	11.95	15.95	SICILIAN PIZZA	15.95	23.95
			Roasted peppers, salami and smoked mozzarella.		
PESTO SAUCE WITH ARTICHOKES PIZZA	15.95	23.95	EGGPLANT PIZZA	15.95	23.95
Sun-dried tomatoes, feta cheese and pine nuts.			(No Cheese) Grilled eggplant, spinach, roasted peppers and garlic.		
FOUR CHEESE PIZZA	15.95	23.95	U.C. SPECIAL	17.95	25.95
Gorgonzola, feta, parmesan & marscapone cheeses and fresh basil.			Fresh tomato, cheese, pepperoni, sausage, meatball, mushroom, onion and bell pepper.		
U.C. VEGGIE SPECIAL	15.95	23.95	CALIFORNIA PIZZA	17.95	25.95
Fresh tomato, cheese, eggplant, onion, bell pepper, mushroom, olive and broccoli.			Pesto sauce with chicken, sun-dried tomatoes, mushrooms and provolone cheese.		
GOLDEN TRIANGLE SPECIAL	15.95	23.95	MEAT LOVERS	17.95	25.95
Fresh basil, garlic, broccoli, artichoke hearts and ricotta cheese.			Meatball, pepperoni, sausage, Canadian bacon.		
ADD CHICKEN:	12" \$4.00	16" \$6.00			
EACH ITEM 1.50 ON A SMALL AND 2.00 ON A LARGE			EACH ITEM 2.00 ON A SMALL AND 3.00 ON A LARGE		
Fresh basil		Eggplant	Canadian Bacon		Broccoli
Mushroom		Onion	Anchovy		Sun Dried Tomatoes
Pineapple		Bell Pepper	Artichoke		Pine Nuts
Fresh Garlic		Jalepenos	Capocollo (Spiced Ham)		Olives
		Fresh Tomato	Salami		Ricotta Cheese
			Pepperoni		Meatball
			XX Cheese		Sausage
Ranch Dressing	2.00				

Calzone

Our calzone are rolled pizza dough filled with ricotta and mozzarella cheese. Folded and baked.

SMOKED MOZZARELLA, CHICKEN AND BROCCOLI CALZONE	15.95	MEATBALL, SUN DRIED TOMATO AND ONION CALZONE	14.95
	14.95		
FRESH SPINACH, MUSHROOM AND GORGONZOLA CHEESE CALZONE		SUN DRIED TOMATO AND FRESH MUSHROOM CALZONE	14.95
CUSTOM CALZONE	16.95		
Select your choice of three fillings			

**Add a small Italian salad for 3.95.
Side of sauce (no charge - just ask)**



BEVERAGES

ICED TEA (free refills)	2.95
LEMONADE (free refills)	2.95
SODAS (per can)	2.00
PELLEGRINO WATER (500 ml) Italian Sparkling Water	3.95
APPLE JUICE (Martinelli) 10oz	2.00
HOT TEA	2.95
MILK	2.95
COFFEE (regular or decaf, free refills)	2.95

DESSERTS

CANNOLI	4.95
CHOCOLATE CANNOLI CAKE	5.95
NEW YORK CHEESECAKE	5.95
BROWNIE WALNUT CAKE	5.95
TIRAMISU	7.95
SPUMONI	4.95
HOMEMADE PISTACHIO ICE CREAM	5.95
PINTS TO-GO	
SPUMONI	8.00
PISTACHIO	9.00

No personal checks accepted.
\$10.00 corkage fee for wine brought into restaurant.

We apologize for the inconvenience, but to expedite service, we can only accept a maximum of two (2) credit/debit cards per table.

Thank you for your understanding.